

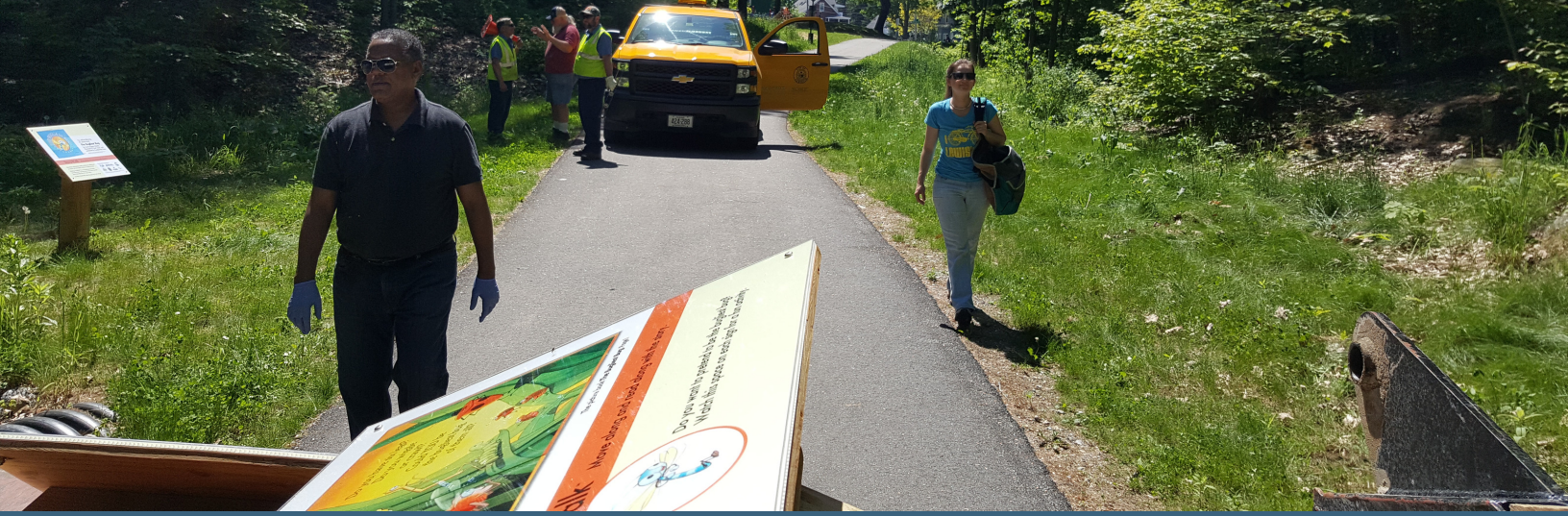
Androscoggin County: Partners in Action

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Nutrition

- Good Food Bus: The bus brings food that is fresh, local and affordable. It prioritizes communities where good food is needed most.
- Kids Club: SNAP-Ed Nutrition Educators and trained volunteers lead activities at the market every Sunday for primary school-aged youth to learn about food, agriculture and their local producers.
- Free Nutrition Education and Cooking Classes.
- Community Gardens: Transformed over a dozen vacant neighborhood lots into thriving urban gardens used by community members, schools and youth gardeners.
- Hunger Vital Signs: This program uses evidence and tools from a nationwide program to screen and provide food bags to patients in need in the healthcare setting.



Physical Activity

- Single Gender Walking and Swimming: Walking and swimming club for women from immigrant/refugee communities.
- Story Walk: A literacy and physical activity tool that engages community members in reading children's books while moving.
- Let's Go 5-2-1-0: An obesity prevention initiative working with communities to create environments that support healthy choices.

Substance Use/Mental Health

- Medicine Take Back: Free event twice a year that collects unwanted, unused or expired medications. There are also 8 permanent drop off locations throughout Androscoggin County.
- Community Paramedicine: Assists in providing basic tools and resources needed for improved self-awareness of medical problems and chronic diseases.
- commUNITY Recovery Steering Committee: Creates a community response and safe pathway to addiction recovery that provides full access, reduces stigma and encourages the possibility of successful overall well-being and participation.

